



# Crossroads Counseling of Chicago

Personal Leadership Development &  
Partner Abuse Intervention

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## Discover Your Career Interests Scientifically

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The **Strong Interest Inventory**<sup>®</sup> is one of the world's most widely respected and frequently used career planning tools.

- Helps you make fulfilling career choices.
- Six career themes are examined: Social, Artistic, Enterprising, Conventional, Investigative, & Realistic
- Guides you through comparing your results with those of people like you who have already found satisfying careers.
- Generates a list of the top 10 occupations you are most likely to find rewarding.
- Helps you gain insight into your interests, preferences, and personal styles.

The **Myers-Briggs Type Indicator**<sup>®</sup> helps you see how your personality type impacts your work and those around you.

- **World:** Do you focus on the outer world (**E**xtraversion) or on your own inner world (**I**ntroversion)? Extraverts are focused on the external world and other people, and are energized by external stimulation and interaction with others. Introverts are more focused on their internal world, thoughts, ideas, and feelings, and get energy from spending time in solitary activity or quiet reflection.
- **Information:** Do you focus on the basic information you take in (**S**ensing) or do you interpret and add meaning (**i**ntuition)? Sensors gather information in a very concrete, detail-oriented, and factual way. They tend to be practical and oriented to the present moment. Intuitives tend to be more abstract in their perceptions, and tend to think more about meaning, connections, and possibilities. Intuitives are often more Imaginative than realistic.
- **Decisions:** In making decisions, do you first look at logic and consistency (**T**hinking) or at the people and special circumstances (**F**eeling)? Thinkers prefer decisions that are based on facts or data, and like to reason things out logically. Feelers prefer decisions that are consistent with their values and help to build harmonious relationships.
- **Structure:** In dealing with the outside world, do you prefer to get things decided (**J**udging) or do you prefer to stay open to new information and options (**P**erceiving)? Judges tend to prefer structure, schedules, and plans. They like clear expectations and feel accomplishment from completing tasks. Perceivers prefer an open-ended, spontaneous and flexible existence. They enjoy feeling that their options are open and that there are many possibilities available.

**The Strong**<sup>®</sup> can be used in combination with the **MBTI**<sup>®</sup> to illustrate the link between interests and personality type in making successful career choices.

It may be a cliché but a picture truly is worth a thousand words. Please spend a little time examining these sample reports. You may use the links below or simply go to [www.cpp.com](http://www.cpp.com) and browse around.

[Strong Interpretive Report](#)

[Strong and Skills Confidence + Interpretive Report](#)

[MBTI<sup>®</sup> Interpretive Report](#)

[Strong Profile plus Strong and MBTI<sup>®</sup> Career Report](#)

Fees for services include a one-time administrative fee of \$35 plus \$35 per report. A minimum of two individual sessions are required to review the results. Career coaching sessions are provided on a sliding scale based on your means.